

# S P A TREATMENT MENU

## FACIAL TREATMENTS

### Express Facial Hygiene (Thalgo)

Express facial cleansing consists of the removal of impurities and deep cleansing of the facial skin. It includes the application of cleansing products, gentle, exfoliation and ends with a basic hydration, leaving in a short time.

30 min. 45 €

### Deep Hygiene (Thalgo)

Involves the removal of impurities, through opening pores, manual extraction and the use of specific products. This helps improve skin texture, clear pores and promote a healthier appearance.

60 min. 65 €

### Anti Age Hyalu-Procollagene Facial (Thalgo)

The first marine filler combining marine pro-collagen with 3 hyaluronic acids with different molecular weights, for triple correction of wrinkles. Will leave your skin glowing and plumped. Ideal for mature skins.

60 min. 80 €

### Source Marine Facial (Thalgo)

The first hydra-fortifying skincare concentrated in marine Manganese and 14 essential marine micronutrients, for skin glowing with beauty. Ideal for thirsty skins.

60 min. 70 €

### Kobido (Utsukusy)

Kobido is a Japanese facial massage that combines finger-pressure techniques, stretching and specific movements to stimulate circulation, tone facial muscle and promote a younger and more luminous appearance of the skin.

50 min. 70 €

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## BODY TREATMENTS

### Body Scrub

It removes dead cells from the body epidermis, and increases cell regeneration.

30 min. 40 €

### Body Wrap

30 min. 40 €

### Aloe Vera / Cooling

Moisturizing and rejuvenating benefits.

### Mud

It increases circulation, removes toxins from the skin and relaxes muscles.

### Deep Hydration

Hydration treatment, ideal for malnourished skin and skin exposed to the sun.

40 min. 50 €

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## MASSAGES

### Relaxing Massage

Is a soothing and gentle massage technique designed to promote relaxation and relieve stress.

25 min. 40 €  
50 min. 60 €

### Sport Massage

Enhances performance, accelerates recovery.  
Prevents injuries, reduces muscle soreness for athletes and active individuals.

25 min. 50 €  
50 min. 80 €

### Podal Massage Benefits

Relieves foot tension, enhances circulation, promotes relaxation, soothes aches, and revitalizes your feet.

25 min. 40 €

### Hot Stone Massage

Deep relaxation, muscle tension relief. Therapeutic heat and smooth stones melt away stress, promote well-being.

60 min. 80 €

### Lomi-Lomi Massage

Ancient hawaiian healing. Fluid rhythmic movements mimic ocean waves. Deeply relaxes the body, releases tension, and promotes a sense of harmony and well-being.

60 min. 80 €

### Shambala

Enjoy and relax with this Ayurvedic massage of back, shoulders, neck, head and face.

40 min. 70 €

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## RITUALS

### Chocolate Therapy

Combines the exfoliation, wrapping and body massage of this sublime treatments with benefits for the skin with moisturizing, antioxidant and firming properties of cocoa.

90 min. 90 €

### Mediterranean

Enjoy the freshness of the citrus fruits of our land with a body exfoliation, moisturizing wrap and a massage that transports you to moments of rest.

90 min. 90 €

### Îles Pacifiques / Thalgo

Relaxing ritual that begins with a Turkish bath (steam bath), followed by a wrap and body massage with hot sandbags for deep relaxation. And to make it even more delightful this treatment also includes a facial massage and mask.

120 min. 120 €

### Mer des Indes / Thalgo

A rebalancing body and mind ritual inspired by Ayurveda. Discover this unctuous gommage rich in ginger powder, salts and sugars to exfoliate, nourish and perfume the body.

90 min. 90 €